Start Seeds and a Seed Journal

Plant Your Seed
• Get a pot or paper cup and fill it with soil
• Plant a seed
• Water the planted seed and cover with plastic wrap to create a mini greenhouse (remove when you see a sprout)
• Put the plant in a sunny spot where it won’t be disturbed

Start Your Seed Journal
• If you have a nature journal already, you can use that, or you can create a journal out of a few sheets of paper, stapled together into a booklet
• Decorate the outside with what kind of plant you started
• On page one, write the date, weather, what you planted
• Every day for the next 15 days, observe your plant.
• Make notes if anything is starting to grow, draw what you see growing, note the weather every day
• See if you can find a story about the type of plant you are growing! What animals eat it? Does it have an interesting history?

Share your photo on Instagram and tag @clctrust, or post on Facebook! We can’t wait to see what you see!