



Today's Featured Activity: Celebrate National Gardening Day

“April showers bring May flowers” and today is National Gardening Day! What better way to celebrate than to plant some seeds?

Maybe by now the seeds you planted last month when you started your plant journal have started to come up. Maybe you're starting your journal now.

Go get your seeds, gloves, and trowel and get outside and plant something! If you have a garden at home, or even just part of the yard you are okay not mowing this year, find a spot that matches the requirements for the seeds you're planting. Make sure you either mark what you planted where. Better yet, draw a picture of your garden in your seed journal! The [Hudson Valley Seed Company](#) has some great tips on setting up a garden with kids.

Can't get outside to plant, or don't have a garden or yard? Try making a [seed viewer](#) to see what fruit or vegetables you can grow from the seeds of a fruit or vegetable you just ate. Try different ones to compare which grow

better. You could also try [kitchen scrap gardening](#), where you sprout new plants or greens from the scraps you would normally throw away. Things like potatoes, carrots, avocado, and celery can all be sprouted in water, no soil necessary!

If you don't have the supplies or time to plant a seed at your home, go on a [seed hunt](#). The next time you're out for a walk, see how many different seeds you can find! Can you tell which ones came from which plant?

Did you do this activity? Post a photo on Instagram and tag @clctrust or use #clctrust.

Have suggestions for activities you'd like to see? [Send us an email!](#)

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