Today’s Featured Activity: Act Like an Animal

Have you been noticing animal activity while out on your walks or looking out your window? At this time of year, many critters are out enjoying the spring weather, just like us. Take this opportunity to focus your attention on some of the behaviors you’re seeing, and then make a game out of it! The next time you’re out on a walk or even looking out your window, make some observations in your nature journal about the animals you’re seeing and what they are doing. Then try some of these fun activities!

• **Animal charades:** Take those animal observations from your walk and try to act them out in a game of charades. Write out on pieces of paper, the different animals and the activities they were doing, put them in a basket and take turns acting them out. For example, if you saw a robin pulling a worm out of the ground, what would you do to act that out so someone could guess it without you saying a word? Depending on the age of the child you can decide if they can use sound, like the chittering of a chipmunk as it runs across a log!

• **Walk like the animals:** Choose two different animals to go up against each other in a foot race, then act out how they move and determine who might win
a race in real life and why.

- Go on a city wildlife safari: There’s more wildlife in cities than you might realize, take your nature journal out and find a quiet spot to sit in a park or on a bench. Look up into the trees, are there birds and squirrels, what are they doing? Look down at the grass or on the sidewalk, are their insects, spiders or worms?

- Make animal hand puppets: Using a sheet of paper, follow this tutorial to make puppets of the animals you saw and acted out! Create stories about their lives when they go home and make a puppet show!

Did you do this activity? Post a photo on Instagram and tag @clctrust or use #clctrust.

Have suggestions for activities you’d like to see? Send us an email!

Be sure to check out our blog: The Outside Story!