



## Today's Featured Activity: Nature Eyes

Now that all the leaves are out you may find it hard to spot different animals or insects that you could easily see a few weeks ago. Take some time practicing [these activities](#), and you may begin to notice things you hadn't seen before!

1. Slow down. If you take the time to slow your movements down you often hear and see more.
2. Take a wide-angle view of your surroundings. By not focusing on one thing in particular you start to notice movement farther away.
3. Zoom in to get a better look. When you do notice movement, get closer and see if you can tell what caught your eye.
4. Look for something out of place. Even though many animals are extremely good at camouflage, if you look for the one thing that's slightly out of place, you can spot just a part of the animal, like a deer's ear poking above the high grass.
5. Think about what habits a particular animal has or how it moves. For instance, if you think about a grasshopper, where have you seen it before? How do they move to get around? Would you find them high up in a tree? Probably not, so you can focus your efforts elsewhere.
6. Stay alert! The more time you spend outside or looking out your window the

more likely you are to see wildlife hiding in plain sight.

Try this activity to train your eyes to look for familiar shapes:

- Have someone hide a pencil or other well-known object out in nature.
- Don't completely cover it, but find a creative hiding spot, maybe near a branch that's down on the ground or partially under some yellow leaves.
- Have the other people search for the pencil using their "Nature Eyes," thinking about the pencil's shape, size, and color. Once you start focusing on looking for those specific features, it may be easier to spot it.

Did you do this activity? Post a photo on Instagram and tag @clctrust or use #clctrust.

Have suggestions for activities you'd like to see? [Send us an email!](#)

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